

## GET into GOLF Programme

### DRESS CODE

#### On the Course

Ladies playing golf will normally wear long or short-sleeved **polo shirts** with collars. If it cool, a **polo-necked top** is also useful.

They may wear '**tailored**' full length or cropped trousers, shorts, skorts (part shorts/part skirt!) or dresses.

A **sweater or fleece** may be required for cooler days.

A **waterproof jacket** is useful – most ladies layer their clothes to accommodate changes in the weather – normal in Scotland!!

**Headwear** is not required. Where preferred this would include golf visor, baseball-style cap, headband or warm beanie or bobble hat.

Most golfers wear a **golf glove** – right hand golfers on their left hand, and left-hand golfers on their right hand. And if it is a cold day, you might want gloves on both hands!

**Golf shoes** with spikes or soft studs are required on most courses, however during the GIG programme, trainers are acceptable.

#### In the Clubhouse

Golf shoes are not allowed in the Clubhouse unless clean and without spikes. There are shoe lockers in the clubhouse where shoes can be changed, or you can do this in the carpark.

It is acceptable to wear golf clothing in the clubhouse.